

Wahoo Parks and Recreation Department
YOUTH VOLLEYBALL LEAGUE RULES

- 1) All coaches must review and follow the City of Wahoo Parks & Recreations: “Policy Relating to Concussion, Head Injury, and Concussed Players”. The policy can be found on the WP&R Website.
- 2) A match will consist of the best two out of three games with a 50-minute time limit (a 3rd set will be played regardless of the prior outcome). Rally scoring will be used with game point at 25, win by 2 (ex. 25-27). Cap at 30. The 3rd set may be adjusted to accommodate the 50-minute time limit.
- 3) Game scores will be kept, but not league standings.
- 4) When a player has scored 3 consecutive serving points (2nd-4th grade) or 5 consecutive serving points (5th-6th grade), an automatic side out will occur.
- 5) For the 3rd-6th grade leagues “RE-DO SERVES” are not allowed. For 2nd grade one redo serve is allowed if the first serve attempt is not successful.
- 6) Substitutions will be made in the center back position. Extra players will rotate in each time your team rotates to serve. 5th/6th grade teams may use high school substitution rule (using the honor system).
- 7) 2nd-4th grade players are allowed to serve overhand 7’ in front of the serving line (approx. 3 steps in front of the line for a child). If the serve is successful that player will have to take a step back per each successful serve. (Coaches are to enforce this rule). 5th -6th grade players serving overhand will need to stay behind the serving line. Players serving underhand for all leagues must stay behind the 10-foot attack line.
- 8) If deemed necessary by the league director, a “three-point play” will be implemented to encourage passing for 3rd-6th grade players. To receive 3 points, a team must have 3 contacts prior to scoring. Teams will be notified if this rule is deemed necessary prior to implementation.
- 9) A team may play with only 5 or less players if they are short-handed, teams are encouraged to borrow players from their opponents if they are short-handed.
- 10) All players will wear the approved Wahoo Parks and Rec logo sports t-shirt to play.
- 11) All players will receive equal playing time unless discipline and/or unexcused absences from practices and/or games have occurred. Coaches need to advise the league director prior to doing this.
- 12) Standard Volleyball Rules Reminders:
 - a. If two players contact the ball at the same time it is considered one hit.
 - b. A ball hit into the ceiling or on the bottom side of the backboard/rim, except on the serve, is playable if it comes back down on the side from which it came. If it falls onto the opponents’ court, it will be a side out. Side walls/backgrounds are at no time playable
 - c. A ball hit over the net must cross between the two antennas.
 - d. Players may run out of bounds to hit a ball back into playing area for other teammates to play.
 - e. If any portion of the ball contacts a line it is considered in.