

Wahoo Parks and Recreation Department
YOUTH BASKETBALL RULES

1. Games consist of four, 8-minute quarters with a running clock. Exception: Clock will stop/start last minute of the 4th quarter for 5th & 6th grade games that are within 6 points.
2. 8'6" rims will be used for the 3rd & 4th grade girl's league. If playing at this height is not a possibility due to gym limitations, an 8' rim will be used instead. All other leagues will play on 10' rims.
3. All leagues will use a 28.5 sized basketball.
4. Games scores will be kept for all games, but league standings will not.
5. 5th & 6th grade teams may full court press. Exception: Any **team which is ahead 10 or more points may not** apply full court pressure **however the team behind may apply full court pressure**. If the deficit is reduced to 9 points or less, full court pressure may be re-applied.
6. Each team has one, 30 second time out per quarter. Use them or lose them!
7. Violations (traveling, double-dribble, etc.) will be called in accordance with high school rules with some lenience towards beginning level players.
8. Man-to-man defense must be played by both teams the entire 2nd quarter. We strongly suggest all teams also play man-to-man defense for the 3rd quarter as well.
9. 3rd & 4th grade teams may not apply defensive pressure beyond the half court line.
10. Coaches are asked to keep track of individual fouls. A player will foul out after their 7th personal foul (per game). Teams will be in the bonus after 5 team fouls and will shoot two shots after 7 team fouls (per half).
11. All players should receive the same amount of playing time unless a player has had unexcused absences from practices or games and the league director has been notified.
12. If a team is winning significantly, the winning coach should implement developmental conditions that will further the learning experience for both teams such as "weak hand only", 3 passes before shooting, etc.
13. All teams must wear a pre-approved WP&R t-shirt. Wahoo teams will wear the traditional blue and red WP&R t-shirts. These are available for purchase at the Civic Center. Some organizations have been pre-approved to distribute/play using a shirt that is reflective of their community/school that includes the WP&R logo.
14. Any concerns or questions should be addressed to the officials and/or Bob Schmidt at: schmidt@wahoo.ne.us