

Wahoo Parks and Recreation Department  
**YOUTH BASKETBALL RULES**

1. Games consist of four, 8-minute quarters with a running clock. Exception: Clock will stop/start last minute of the 4<sup>th</sup> quarter for 5<sup>th</sup> & 6<sup>th</sup> grade games that are within 6 points.
2. 9' rims will be used for the 3<sup>rd</sup> & 4<sup>th</sup> grade girl's league. If playing at this height is not a possibility due to gym limitations, an 8' or 10' rim will be used instead. All other leagues will play on 10' rims.
3. All leagues will use a 28.5 sized basketball.
4. Games scores will be kept for all games, but league standings will not.
5. 5th & 6th grade teams may full court press. Exception: Any **team which is ahead 10 or more points may not** apply full court pressure **however the team behind may apply full court pressure**. If the deficit is reduced to 9 points or less, full court pressure may be re-applied. 3<sup>rd</sup> & 4<sup>th</sup> grade teams may not apply defensive pressure beyond the half court line.
6. Each team has one, 30 second time out per quarter. Use them or lose them!
7. Violations (traveling, double-dribble, etc.) will be called in accordance with high school rules with some lenience towards beginning level players.
8. Man-to-man defense only.
9. Coaches are to keep track of individual fouls. A player will foul out after their 7<sup>th</sup> personal foul (per game). Teams will be in the bonus after 5 team fouls and will shoot two shots after 7 team fouls (per half).
10. All players should receive the same amount of playing time unless a player has had unexcused absences from practices or games and the league director has been notified.
11. If a team is winning significantly, the winning coach should implement developmental conditions that will further the learning experience for both teams such as "weak hand only", 3 passes before shooting, etc.
12. All teams must wear a pre-approved WP&R t-shirt. Wahoo teams will wear the traditional blue and red WP&R t-shirts. These are available for purchase at the Civic Center. Some organizations have been pre-approved to distribute/play using a shirt that is reflective of their community/school that includes the WP&R logo.
13. Any concerns or questions should be addressed to the officials and/or Bob Schmidt at: [schmidt@wahoo.ne.us](mailto:schmidt@wahoo.ne.us)