

Lifeguard Training Class



REGISTRATION: Begins March 13th. Limit of 10 participants. **Register early as this class can fill quickly!**

REGISTRATION FORM AND FEES: Complete and detach the registration form below and return/mail with appropriate registration fee or register online at www.wahooparksandrec.com.

PROGRAM FORMAT: The American Red Cross lifeguard training class is for anyone 15 years of age by the last class session. This course trains lifeguards to act with speed and confidence in emergency situations both in and out of the water. Topics include: water rescue skills, surveillance and recognition, first aid, breathing and cardiac emergencies, CPR, AED, and more. Participants will achieve a two-year certification upon successful completion of the course and are eligible for a Lifeguard and/or Swim Lesson Instructor position with the City of Wahoo.

Pre-Test: Sunday, May 21st 5pm-7pm Aquatic Center

Remaining class schedule:

| | |
|---------------------------------|--------------------|
| Monday, May 22 nd | 4pm-6pm |
| Friday, May 26 th | 8am-12pm & 1pm-4pm |
| Tuesday, May 30 th | 8am-12pm & 1pm-4pm |
| Wednesday, May 31 st | 8am-12pm & 1pm-4pm |
| Thursday, June 1 st | 8am-12pm & 1pm-4pm |
| Friday, June 2 nd | 8am-12pm & 1pm-4pm |

Note: Students must attend every meeting and class at the times listed...no exceptions! Check your schedule! Attendance in the course does not guarantee lifeguard certification. Students must pass written and practical exams.



REGISTRATION FORM – 2023 LIFEGUARD TRAINING CLASS

Participant's Name _____ Address _____ City/Zip _____
 Date of Birth _____ Age Today _____ Grade in School _____
 Male: _____ Female: _____ Home Phone _____ Parent's Work Phone _____
 Parent's/Guardian's Name _____ Email address _____

In order to take advantage of the member rate, the participant must have a current Civic Center membership.

Please circle the appropriate box to the right.

Return registration form to the Civic Center.
 Mail/Send to:
 Wahoo Parks and Recreation Department
 Attn: Lifeguard Class Registration
 310 N. Linden St.
 Wahoo, NE 68066

| CLASS | MEMBER | NON-MEMBER |
|--------------------|--------|------------|
| Lifeguard Training | \$150 | \$170 |

PERMISSION TO PARTICIPATE and INDEMNIFICATION AGREEMENT

I have read the aforementioned information concerning the Wahoo Parks and Recreation youth instructional program named herein and agree to its rules and format and give my child permission to participate in such a program.

Realizing that my child is participating for fun, recreation, and personal betterment, I hereby for myself and for my child, our heirs, personal representatives and assigns, waive and release any and all claim for injuries or damages of any kind of nature which either I or my child may have against the City of Wahoo, any instructor or assistant thereto, or anyone who organizes or causes this program to operate, their agents, representatives and assigns as a result of any class session or any participating in said instructional program and indemnify the City of Wahoo, and all parties named herein against such claim or damages arising from such claims. We hereby agree that instructors and their assistants shall not be liable for the injury or death of my child as a participant in said Wahoo Parks and Recreation program which results from the negligence of any of the above listed individuals. I understand that the City of Wahoo assumes no legal or financial responsibility in case of accident or injury and I assume full responsibility for my child's medical expenses and waive all rights or causes of action, which my child or I may have against the City of Wahoo and each of the persons named herein.

Parent's/Guardian's Signature _____ Date _____

FOR OFFICE USE ONLY

Date Pd. _____ Cash Check Chk. # _____ Credit Card Amount Pd. _____ Staff Member _____